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Outline

1. What is an eating disorder?
   1. Introduction
   2. Brief History
2. Selective Eating Disorder
   1. Who is at risk
   2. What are the signs to look for
   3. Suggestions on helping a picky eater
3. food avoidant or emotional eater
   1. Characteristics of an emotional eater
4. Anorexia Nervosa
   1. Who is at risk
   2. Characteristics
5. Bulimia Nervosa
   1. Who is at risk
   2. Characteristics
6. How can you tell your child might be suffering from an eating disorder
   1. Symptoms
   2. What to look for
7. Treatment
   1. Selecting the right treatment options
8. Conclusion